

Different Learner Types

Every adult has a different preferred learning style. Most of us went to schools that assumed all learners had two ways to receive info, and unfortunately, that's not true as there are three ways to learn, and often we prefer a combination of all three. It depends on what info we want to share with the learner.

V _____ learners learn by looking and observing

A _____ learners learn by listening

K _____ learners learn by doing

Which are you?

Your Personal Learning Style

(please tick only those boxes with statements you agree with)

- | | | |
|-----|--|--------------------------|
| 1. | I prefer to hear a book on tape rather than reading it. | <input type="checkbox"/> |
| 2. | When I put something together, I always read the directions first | <input type="checkbox"/> |
| 3. | I prefer reading to hearing a lecture | <input type="checkbox"/> |
| 4. | When I'm alone, I usually play music, hum or sing | <input type="checkbox"/> |
| 5. | I like playing sports more than reading a book | <input type="checkbox"/> |
| 6. | I can always tell directions like north and south no matter where I am | <input type="checkbox"/> |
| 7. | I love to write letters or in a journal | <input type="checkbox"/> |
| 8. | When I talk, I like to say things like, "I hear you, that sounds good, that clicks, or that rings a bell." | <input type="checkbox"/> |
| 9. | My room, desk, car, or house is usually disorganized | <input type="checkbox"/> |
| 10. | I love working with my hands and building or making something | <input type="checkbox"/> |
| 11. | I know most of the words to the songs I listen to | <input type="checkbox"/> |
| 12. | When others are talking, I usually create images in my mind of what they are saying | <input type="checkbox"/> |
| 13. | I like sports and think I'm a pretty good athlete | <input type="checkbox"/> |
| 14. | It's easy to talk for long periods of time on the phone with my friends | <input type="checkbox"/> |
| 15. | Without music, life isn't fun | <input type="checkbox"/> |
| 16. | I am very comfortable in social groups and can usually strike up a conversation with almost anyone | <input type="checkbox"/> |
| 17. | When looking at objects on paper, I can easily tell whether they are the same, no matter which way they are turned | <input type="checkbox"/> |
| 18. | I usually say things like, "I feel, I need to get a handle on it, or get a grip." | <input type="checkbox"/> |
| 19. | When I recall an experience, I mostly see a picture of it in my head | <input type="checkbox"/> |
| 20. | When I recall an experience, I mostly hear the sounds and talk to myself about it | <input type="checkbox"/> |
| 21. | When I recall an experience, I mostly remember how I felt about it | <input type="checkbox"/> |
| 22. | I like music more than art | <input type="checkbox"/> |
| 23. | I often doodle when I am on the phone or in class | <input type="checkbox"/> |
| 24. | I prefer to act things out rather than write a report on them | <input type="checkbox"/> |
| 25. | I like reading stories more than listening to stories | <input type="checkbox"/> |
| 26. | I usually speak slowly | <input type="checkbox"/> |
| 27. | I like talking better than writing | <input type="checkbox"/> |
| 28. | My handwriting is not usually neat | <input type="checkbox"/> |
| 29. | I generally use my finger to point when I read | <input type="checkbox"/> |
| 30. | I can multiply and add quickly in my head | <input type="checkbox"/> |
| 31. | I like spelling and think I'm a good speller | <input type="checkbox"/> |
| 32. | I get very distracted if someone talks to me when the TV is on | <input type="checkbox"/> |
| 33. | I like to write down instructions that people give me | <input type="checkbox"/> |
| 34. | I can easily remember what people say | <input type="checkbox"/> |
| 35. | I learn best by doing | <input type="checkbox"/> |
| 36. | It is hard for me to sit still for very long | <input type="checkbox"/> |

Your Score

Visual Learning Style Total _____

2 3 6 7 12 17 19 23 25 30 31 33

Auditory Learning Style Total _____

1 4 8 11 14 15 16 20 22 27 32 34

Kinesthetic Learning Style Total _____

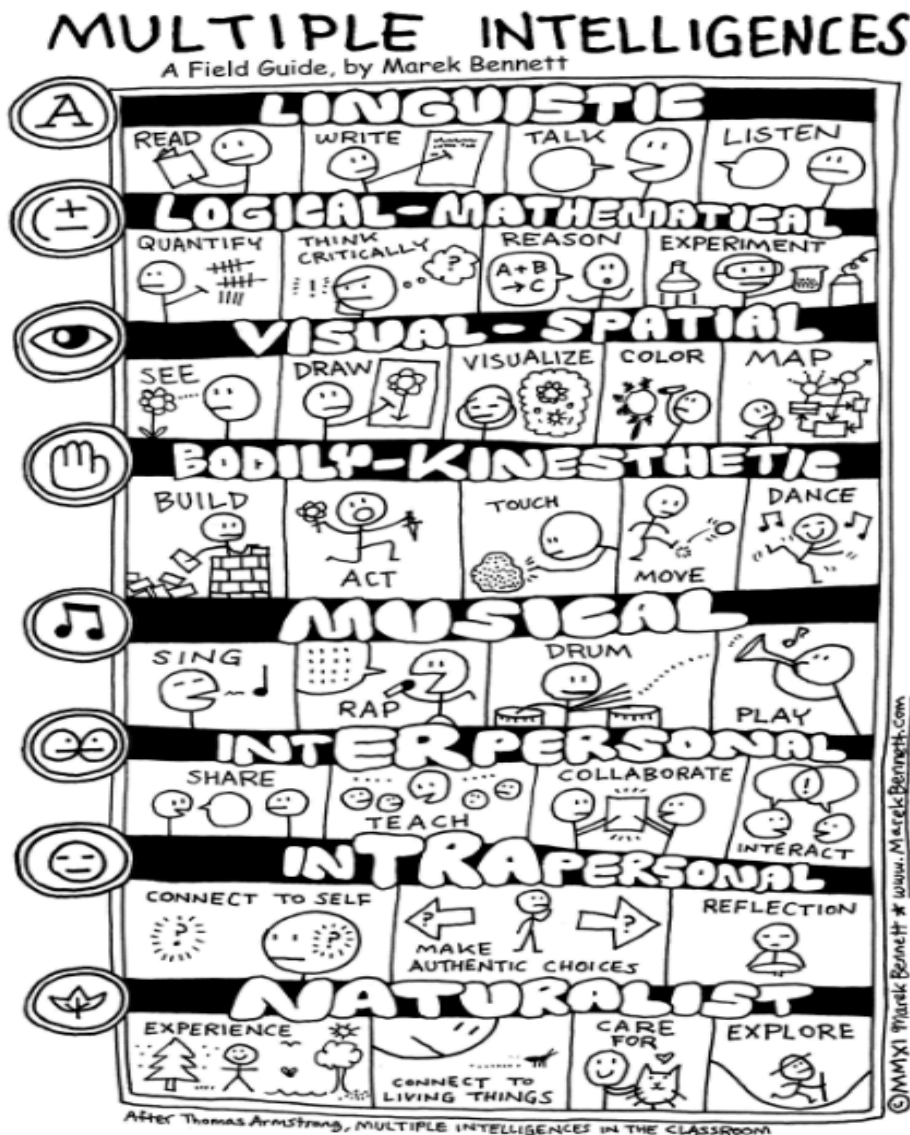
5 9 10 13 18 21 24 26 28 29 35 36

You are mainly a _____ learner.

Howard Gardner's Multiple Intelligences Theory

The theory of multiple intelligences was proposed by Howard Gardner, a Harvard professor, in his 1983 book *Frames of Mind: The Theory of Multiple Intelligences*. Gardner. Instead of using a person's ability in reading, writing and math as a mark of intelligence, Gardner discovered that intelligence goes far beyond this narrow definition.

After all, is David Beckham more intelligent than Albert Einstein? It depends!!



Which Are Your Strong Intelligences?

Circle the statements that you feel apply to you the most.

1. You easily remember nice phrases you've read or heard, or memorable quotes and can use it in your conversation easily
2. You can easily sense if the person you're with is troubled by something
3. You are fascinated and intrigued by scientific and philosophical questions, e.g., "Who were the first inhabitants of Earth?" or "Are there other intelligent life forms in the universe besides human beings?"
4. You can find your way around a new neighborhood or shopping mall easily.
5. You think of yourself as graceful and never feel awkward about your movements.
6. You can sing on key.
7. You enjoy reading the science pages of your newspaper and look at the science or technology magazines at a newsstand.
8. You frequently notice other people's errors in their grammar or choice of words.
9. You can figure out how things work, or can fix/repair things without help or reading the instructions.
10. You can easily imagine how other people live their life and can imagine yourself in their shoes doing what they do.
11. You can remember in detail the layout and landmarks of places you've visited.
12. You enjoy music and have favorite groups or singers.
13. You like to draw.
14. You like to dance and are quite good at it.
15. You organize things in your room and desk according to categories and in patterns.
16. You can easily understand what other people feel and how they behave.
17. You like to tell stories and are considered a good story teller
18. You enjoy the different sounds in your environment
19. When you meet new people, you often make connections between their characteristics with those of other people you know.
20. You have a keen sense of what you can or cannot do in life.

If all three of any of the following trios applies to you, you probably are strong in that intelligence, even if you haven't cultivated it yet.

- Questions 1, 8 and 17: **Linguistic Intelligence**
- Questions 6, 12 and 18: **Musical Intelligence**
- Questions 3, 7 and 15: **Logical-Mathematical Intelligence**
- Questions 4, 11 and 13: **Spatial Intelligence**
- Questions 5, 9 and 14: **Bodily-Kinesthetic Intelligence**
- Questions 10, 16 and 20: **Intrapersonal Intelligence (knowing yourself)**
- Questions 2, 10 and 19: **Interpersonal Intelligence (knowing others)**

My main intelligence lies with _____

A true genius admits that he/she knows nothing

Albert Einstein