



Dream it
Live it!

Have fun with it... get excited! Be free and suspend all judgment, just for 10 minutes every day. Goals and dreams can be big and small (like having a simple cup of gourmet coffee with a friend)... **what would you like to focus on creating in your life today?**

MONDAY

TUESDAY

WEDNESDAY

Dream it Live it!

THURSDAY

FRIDAY

SATURDAY

SUNDAY

★ Finally, remember to post your dreams & goals somewhere you can see them & ***excite yourself!***